



# SPRING 2026 PRACTICE SCHEDULE - LN

**REVISED 3/2**

JR BALLERZ (3rd/4th)  
6pm - 7pm

RISING STARS (5th/6th)  
7pm - 8pm

ALL STARS (7th/8th)  
8pm - 9pm

	Lake Nona Middle	Odyssey Middle	Lake Nona Middle	Odyssey Middle	Lake Nona Middle	Odyssey Middle
Wednesday 2/4	ARIZONA N. CAROLINA SYRACUSE	GATORS KENTUCKY BYU	N. CAROLINA DUKE LSU	SEMINOLES HOYAS MISSOURI	OREGON UCLA N. CAROLINA	HOYAS DUKE GATORS
Monday 2/9	GATORS KENTUCKY BYU		SEMINOLES HOYAS MISSOURI		HOYAS DUKE GATORS	
Tuesday 2/10		ARIZONA N. CAROLINA SYRACUSE		N. CAROLINA DUKE LSU		OREGON UCLA N. CAROLINA
Tuesday 2/17		GATORS KENTUCKY BYU		SEMINOLES HOYAS MISSOURI		HOYAS DUKE GATORS
Wednesday 2/18		ARIZONA N. CAROLINA SYRACUSE		N. CAROLINA DUKE LSU		OREGON UCLA N. CAROLINA
Monday 2/23	ARIZONA N. CAROLINA SYRACUSE		N. CAROLINA DUKE LSU		OREGON UCLA N. CAROLINA	
Tuesday 2/24		GATORS KENTUCKY BYU		SEMINOLES HOYAS MISSOURI		HOYAS DUKE GATORS
Tuesday 3/3		ARIZONA N. CAROLINA SYRACUSE		N. CAROLINA DUKE LSU		OREGON UCLA N. CAROLINA
Wednesday 3/4		GATORS KENTUCKY BYU		SEMINOLES HOYAS MISSOURI		HOYAS DUKE GATORS
Wednesday 3/11	ARIZONA N. CAROLINA SYRACUSE	GATORS KENTUCKY BYU	N. CAROLINA DUKE LSU	SEMINOLES HOYAS MISSOURI	OREGON UCLA N. CAROLINA	HOYAS DUKE GATORS
Wednesday 3/25	GATORS KENTUCKY BYU	ARIZONA N. CAROLINA SYRACUSE	SEMINOLES HOYAS MISSOURI	N. CAROLINA DUKE LSU	HOYAS DUKE GATORS	OREGON UCLA N. CAROLINA
Wednesday 4/8	ARIZONA N. CAROLINA SYRACUSE	GATORS KENTUCKY BYU	N. CAROLINA DUKE LSU	SEMINOLES HOYAS MISSOURI	OREGON UCLA N. CAROLINA	HOYAS DUKE GATORS
Wednesday 4/15	GATORS KENTUCKY BYU	ARIZONA N. CAROLINA SYRACUSE	SEMINOLES HOYAS MISSOURI	N. CAROLINA DUKE LSU	HOYAS DUKE GATORS	OREGON UCLA N. CAROLINA

\* CURRENT DATES SUBJECT TO CHANGE BASED ON GYM AVAILABILITY AND CANCELLATIONS