



SUMMER 2026 PRACTICE SCHEDULE

WED 5/13	WED 5/20	WED 5/27	WED 6/3	WED 6/10	WED 6/17	WED 6/24	WED 7/8	WED 7/15
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JR BALLERZ 3rd/4th

Lake Nona Middle 6PM-7PM	HORNETS LAKERS MIAMI	WIZARDS BULLS WARRIORS	HORNETS LAKERS MIAMI	WIZARDS BULLS WARRIORS	HORNETS LAKERS MIAMI	WIZARDS BULLS WARRIORS	HORNETS LAKERS MIAMI	WIZARDS BULLS WARRIORS	HORNETS LAKERS MIAMI
Odyssey Middle 6PM-7PM	WIZARDS BULLS WARRIORS	HORNETS LAKERS MIAMI	WIZARDS BULLS WARRIORS	HORNETS LAKERS MIAMI	WIZARDS BULLS WARRIORS	HORNETS LAKERS MIAMI	WIZARDS BULLS WARRIORS	HORNETS LAKERS MIAMI	WIZARDS BULLS WARRIORS

RISING STARS 5th/6th

Lake Nona Middle 7PM-8PM	NEW YORK LAKERS	SIXERS ORLANDO	NEW YORK LAKERS	SIXERS ORLANDO	NEW YORK LAKERS	SIXERS ORLANDO	NEW YORK LAKERS	SIXERS ORLANDO	NEW YORK LAKERS
Odyssey Middle 7PM-8PM	SIXERS ORLANDO	NEW YORK LAKERS	SIXERS ORLANDO	NEW YORK LAKERS	SIXERS ORLANDO	NEW YORK LAKERS	SIXERS ORLANDO	NEW YORK LAKERS	SIXERS ORLANDO

ALL STARS 7th/8th

Lake Nona Middle 8PM-9PM	BROOKLYN GRIZZLIES UTAH	BOSTON SIXERS MINNESOTA	BROOKLYN GRIZZLIES UTAH	BOSTON SIXERS MINNESOTA	BROOKLYN GRIZZLIES UTAH	BOSTON SIXERS MINNESOTA	BROOKLYN GRIZZLIES UTAH	BOSTON SIXERS MINNESOTA	BROOKLYN GRIZZLIES UTAH
Odyssey Middle 8PM-9PM	BOSTON SIXERS MINNESOTA	BROOKLYN GRIZZLIES UTAH	BOSTON SIXERS MINNESOTA	BROOKLYN GRIZZLIES UTAH	BOSTON SIXERS MINNESOTA	BROOKLYN GRIZZLIES UTAH	BOSTON SIXERS MINNESOTA	BROOKLYN GRIZZLIES UTAH	BOSTON SIXERS MINNESOTA

*CURRENT DATES SUBJECT TO CHANGE BASED ON GYM AVAILABILITY AND CANCELLATIONS.