



FALL 2025 PRACTICE SCHEDULE

8/13/25	8/20/25	8/27/25	9/3/25	9/10/25	9/17/25	9/24/25	10/1/25	10/8/25
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JR BALLERZ 3rd/4th

Lake Nona Middle 6PM-7PM	SONICS CELTICS PISTONS	WARRIORS NEW YORK NETS	SONICS CELTICS PISTONS	WARRIORS NEW YORK NETS	SONICS CELTICS PISTONS	WARRIORS NEW YORK NETS	SONICS CELTICS PISTONS	WARRIORS NEW YORK NETS	SONICS CELTICS PISTONS
Odyssey Middle 6PM-7PM	WARRIORS NEW YORK NETS	SONICS CELTICS PISTONS	WARRIORS NEW YORK NETS	SONICS CELTICS PISTONS	WARRIORS NEW YORK NETS	SONICS CELTICS PISTONS	WARRIORS NEW YORK NETS	SONICS CELTICS PISTONS	WARRIORS NEW YORK NETS

RISING STARS 5th/6th

Lake Nona Middle 7PM-8PM	SONICS LAKERS WASHINGTON	THUNDER CAVS MIAMI	SONICS LAKERS WASHINGTON	THUNDER CAVS MIAMI	SONICS LAKERS WASHINGTON	THUNDER CAVS MIAMI	SONICS LAKERS WASHINGTON	THUNDER CAVS MIAMI	SONICS LAKERS WASHINGTON
Odyssey Middle 7PM-8PM	THUNDER CAVS MIAMI	SONICS LAKERS WASHINGTON	THUNDER CAVS MIAMI	SONICS LAKERS WASHINGTON	THUNDER CAVS MIAMI	SONICS LAKERS WASHINGTON	THUNDER CAVS MIAMI	SONICS LAKERS WASHINGTON	THUNDER CAVS MIAMI

ALL STARS 7th/8th

Lake Nona Middle 8PM-9PM	SIXERS BULLS WASHINGTON	THUNDER SAN ANTONIO LAKERS	SIXERS BULLS WASHINGTON	THUNDER SAN ANTONIO LAKERS	SIXERS BULLS WASHINGTON	THUNDER SAN ANTONIO LAKERS	SIXERS BULLS WASHINGTON	THUNDER SAN ANTONIO LAKERS	SIXERS BULLS WASHINGTON
Odyssey Middle 8PM-9PM	THUNDER SAN ANTONIO LAKERS	SIXERS BULLS WASHINGTON	THUNDER SAN ANTONIO LAKERS	SIXERS BULLS WASHINGTON	THUNDER SAN ANTONIO LAKERS	SIXERS BULLS WASHINGTON	THUNDER SAN ANTONIO LAKERS	SIXERS BULLS WASHINGTON	THUNDER SAN ANTONIO LAKERS

***CURRENT DATES SUBJECT TO CHANGE BASED ON GYM AVAILABILITY AND CANCELLATIONS.**